

Straight Forward Pre Intermediate Second Edition

A new edition with a modified syllabus and extensive new material.

Written by Jim Scrivener with extensive teaching notes, extra tasks and ideas for every lesson plus more detailed notes on the language and cultural content of the Student's Book material. Accompanied by a Resource Disc with short videos from Jim Scrivener's 'Learning Teaching 3rd Edition' demonstrating the techniques outlined.

Music Theory for the Bass Player is a comprehensive and immediately applicable guide to making you a well-grounded groover, informed bandmate and all-around more creative musician. Included with this book are 89 videos that are incorporated in this ebook. This is a workbook, so have your bass and a pen ready to fill out the engaging Test Your Understanding questions! Have you always wanted to learn music theory but felt it was too overwhelming a task? Perhaps all the books seem to be geared toward pianists or classical players? Do you know lots of songs, but don't know how the chords are put together or how they work with the melody? If so, this is the book for you! • Starting with intervals as music's basic building blocks, you will explore scales and their modes, chords and the basics of harmony. • Packed with fretboard diagrams, musical examples and exercises, more than 180 pages of vital information are peppered with mind-bending quizzes, effective mnemonics, and compelling learning approaches. • Extensive and detailed photo demonstrations show why relaxed posture and optimized fingering are vital for good tone, timing and chops. • You can even work your way through the book without being able to read music (reading music is of course a vital skill, yet, the author believes it should not be tackled at the same time as the study of music theory, as they are different skills with a different practicing requirement. Reading becomes much easier once theory is mastered and learning theory on the fretboard using diagrams and patterns as illustrations, music theory is very accessible, immediately usable and fun. This is the definitive resource for the enthusiastic bassist! p.p1 {margin: 0.0px 0.0px 0.0px 0.0px; font: 13.0px Helvetica} p.p2 {margin: 0.0px 0.0px 0.0px 0.0px; font: 13.0px Helvetica; min-height: 16.0px} This book and the 89 free videos stand on their own and form a thorough source for studying music theory for the bass player. If you'd like to take it a step further, the author also offers a corresponding 20 week course; this online course works with the materials in this book and practices music theory application in grooves, fills and solos. Information is on the author's blog.

Super Minds is a seven-level course for young learners. Super Minds, from a highly experienced author team, enhances your students' thinking skills, improving their memory along with their language skills. This Level 3 Student's Book includes activities to develop language creatively, cross-curriculum thinking with fascinating 'English for school' sections and lively stories that explore social values. The fabulous DVD-ROM features animated stories, interactive games and activities including videokes, songs with karaoke versions, and fun activities focusing on each unit's vocabulary and grammar.

Pre-Intermediate Student's Book, Fourth edition, features the Headway iTutor - an interactive self-study disc with documentary video for students to revise, review, and improve their English in a rewarding and motivating way.

A general English course for adults and young adults based on observation of what good teachers do in the classroom. The lessons offer a balanced mix of language input, skills work and oral tasks.

A guide to English. Suitable for initial training courses, and for practising ELT teachers, it covers developments in ELT and includes a DVD featuring a full lesson as well as demonstrations of practical teaching techniques.

Straightforward has been revamped in a second edition, with much of the content updated and made more relevant to our ever-changing world. New topics, articles and exercises appear within a fresh new design. All the old teachers' favourites are still there - meaning it will still be a joy to teach with. Each unit is structured to provide one lesson per double-page spread (A/B/C/D), lasting around 90 minutes. All lessons are interlinked to promote better and more memorable learning, with the flexibility to pick out key sections to focus on certain language points. All language is clearly signposted and scaffolded so there is great clarity of progression of learning - students can really feel they are getting somewhere. There are extra communication pages and unit reviews, plus new videos, online material and photocopyables to extend and add to a lesson. The CEFR plays a prominent part in the second edition with clear signposting, self-assessment opportunities and the invaluable portfolio. The Teacher's Book and supporting website have tips, photocopyables and information.

Ideal for teachers looking for an easy-to-use adult general English course, Straightforward, is flexible and simple to use, based around 12 topics per level. It always takes the most suitable methodological approach to what is being taught, resulting in the perfect balance of skills and language work. Extra section including functional language, writing skills, grammar notes and word lists round off the Students Book. Key Features: Simple enough for new teachers to use; flexible enough for the

Do you lack confidence, grit, endurance, fortitude, self-esteem and all the other things that don't just make someone great, but successful in everything they do? What if you could completely transform yourself into someone who could do anything? I'm not talking about the change that happens for a week or a month or a year...but for your whole life? What would that legitimately and realistically be worth to you? Everybody tries to tell themselves that they are "special" or "great"...but it's just talk. It's not reality. This book tells you how to do that. It doesn't cost anything to execute this program...but it ain't free. I guarantee if you do exactly as I tell you to do it with no compromises and zero substitutions...you and your life will never be the same. -Andy Frisella

'Speakout' is a 6-level general English course for adults developed in association with the BBC; bridging the gap between the classroom and the real world helping students express themselves in English.

Straightforward is a multi-level course for adults and young adults. Based on observation of what good teachers do in the classroom, it is transparent in its structure, pragmatic in its methodology and varied in its content. This book contains 90 hours of teaching material on this course.

Learn how to hack systems like black hat hackers and secure them like security experts Key Features Understand how computer systems work and their vulnerabilities Exploit weaknesses and hack into machines to test their security Learn how to secure systems from hackers Book Description This book starts with the basics of ethical hacking, how to practice hacking safely and legally, and how to install and interact with Kali Linux and the Linux terminal. You will explore network hacking, where you will see how to test the security of wired and wireless networks. You'll also learn how to crack the password for any Wi-Fi network (whether it uses WEP, WPA, or WPA2) and spy on the connected devices. Moving on, you will discover how to gain access to remote computer systems using client-side and server-side attacks. You will also get the hang of post-exploitation techniques,

including remotely controlling and interacting with the systems that you compromised. Towards the end of the book, you will be able to pick up web application hacking techniques. You'll see how to discover, exploit, and prevent a number of website vulnerabilities, such as XSS and SQL injections. The attacks covered are practical techniques that work against real systems and are purely for educational purposes. At the end of each section, you will learn how to detect, prevent, and secure systems from these attacks. What you will learn Understand ethical hacking and the different fields and types of hackers Set up a penetration testing lab to practice safe and legal hacking Explore Linux basics, commands, and how to interact with the terminal Access password-protected networks and spy on connected clients Use server and client-side attacks to hack and control remote computers Control a hacked system remotely and use it to hack other systems Discover, exploit, and prevent a number of web application vulnerabilities such as XSS and SQL injections Who this book is for Learning Ethical Hacking from Scratch is for anyone interested in learning how to hack and test the security of systems like professional hackers and security experts.

A collection of songs from various tribal peoples including the Indians of the Americas, the Aborigines of Australasia, and many of the peoples of Asia and Africa. Suggested level: primary, intermediate.

The Workbook provides extra language and vocabulary practice that supports the units of the Student's Book making it ideal for homework. This version comes with the key.

Straightforward Digital allows you to display the Student's Book pages while also making all of the associated multimedia assets (audio, video, interactive activities) instantly accessible. It features a complete set of tools for working with and creating content in the Teacher's Area, and is platform independent.

Ancient tradition suggests that this world-weary lament is the work of Solomon in old age. Casting its eye over the transient nature of life, the book questions the striving for wisdom and the truth, choosing instead to espouse the value of living for the moment. The text is introduced by Doris Lessing.

Elastic filaments refer mainly to titin, the largest of all known proteins. Titin was discovered initially in muscle cells, where it interconnects the thick filament with the Z-line. Titin forms a molecular spring that is responsible for maintaining the structural integrity of contracting muscle, ensuring efficient muscle contraction. More recently, it has become clear that titin is not restricted to muscle cells alone. For example, titin is found in chromosomes of neurons and also in blood platelets. This topic is fast becoming a focal point for research in understanding viscoelastic properties at the molecular, cellular, and tissue levels. In titin may lie a generic basis for biological viscoelasticity. It has become clear that titin may hold the key to certain clinical anomalies. For example, it is clear that titin-based ventricular stiffness is modulated by calcium and that titin is responsible for the altered stiffness in cardiomyopathies. It is also clear from evidence from a group of Finnish families that titin mutations may underlie some muscular dystrophies and that with other mutations chromatids fail to separate during mitosis. Thus, it is clear that this protein will have important clinical implications stemming from its biomechanical role. One aspect of this field is the bringing together of bioengineers with clinical researchers and biologists. Genetic and biochemical aspects of titin-related proteins are being studied together with front-line engineering approaches designed to measure the mechanics of titin either in small aggregates or in single molecules. No other description available.

With 100% new content, the third edition of Oxford's best-selling secondary course offers the tried and trusted Solutions methodology alongside fresh and diverse material that will spark your students' interest and drive them to succeed. Oxford University Press's best-selling course for teenagers is now available in a third edition, providing new and exciting content that is delivered using the successful methodology of the previous editions. The third edition offers a brand new comprehensive listening syllabus as well as word skills lessons, allowing students to master key listening sub skills, expand their vocabulary, and become confident communicators. Solutions turns all students into active learners, by offering a rich variety of learning opportunities for a whole range of abilities through extension and revision activities in all components - giving everyone a sense of achievement whatever their level.

A new, refreshed edition of the five-level English course for teenagers, with a clear structure, supported approach to speaking, practice, and exam preparation still at its heart. Solutions has been thoroughly modernized with 80% new content to draw in students, embed the grammar and vocabulary presented, and engage them in the tasks. Its guided approach builds up every student's confidence, through step-by-step objectives, lots of practice, meaningful personalization activities, and exam preparation tasks. The course now embraces a wide range of teaching methods, furnishing the teacher with a flexible pick-and-choose package for use in the classroom, at home, and on the move. The digital elements of the course enliven the material and allow teachers to vary the pace and focus of their lessons. Solutions turns all students into active learners, by offering a rich variety of learning opportunities for a whole range of abilities through extension and revision activities in all components - giving everyone a sense of achievement whatever their level. The Solutions Second Edition DVD-ROM material and worksheets bring the language to life by taking it out of the classroom and into authentic settings.

For ease of use and practicality Straightforward Second Edition is structured to provide one lesson per double-page spread (A/B/C/D), lasting around 90 minutes. All lessons are interlinked to promote better and more memorable learning, but there is the flexibility to pick out certain key sections to focus on certain language points.

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