

By Anne L Watson Smart Soapmaking The Simple To Making Traditional Handmade Soap Quickly Safely And Reliably

NEW YORK TIMES BESTSELLER • Martha Hall Kelly's million-copy bestseller *Lilac Girls* introduced readers to Caroline Ferriday. Now, in *Sunflower Sisters*, Kelly tells the story of Ferriday's ancestor Georgeanna Woolsey, a Union nurse during the Civil War whose calling leads her to cross paths with Jemma, a young enslaved girl who is sold off and conscripted into the army, and Anne-May Wilson, a Southern plantation mistress whose husband enlists. "An exquisite tapestry of women determined to defy the molds the world has for them."—Lisa Wingate, #1 New York Times bestselling author of *Before We Were Yours* Georgeanna "Georgey" Woolsey isn't meant for the world of lavish parties and the demure attitudes of women of her stature. So when war ignites the nation, Georgey follows her passion for nursing during a time when doctors considered women on the battlefield a bother. In proving them wrong, she and her sister Eliza venture from New York to Washington, D.C., to Gettysburg and witness the unparalleled horrors of slavery as they become involved in the war effort. In the South, Jemma is enslaved on the Peeler Plantation in Maryland, where she lives with her mother and father. Her sister, Patience, is enslaved on the plantation next door, and both live in fear of LeBaron, an abusive overseer who tracks their every move. When Jemma is sold by the cruel plantation mistress Anne-May at the same time the Union army comes through, she sees a chance to finally escape—but only by abandoning the family she loves. Anne-May is left behind to run Peeler Plantation when her husband joins the Union army and her cherished brother enlists with the Confederates. In charge of the household, she uses the opportunity to follow her own ambitions and is drawn into a secret Southern network of spies, finally exposing herself to the fate she deserves. Inspired by true accounts, *Sunflower Sisters* provides a vivid, detailed look at the Civil War experience, from the barbaric and inhumane plantations, to a war-torn New York City, to the horrors of the battlefield. It's a sweeping story of women caught in a country on the brink of collapse, in a society grappling with nationalism and unthinkable racial cruelty, a story still so relevant today.

Lotion Making In Book Three of Thermal Mermaid Lotion Recipes you will get 25 exotic body butters and massage bar recipes. These are items on our cosmetic line that have been exceptionally popular over the past few seasons as people become more interested in luxury personal products. These recipes differ from traditional lotions and are packaged with a different twist. - They do a great job nourishing and protecting your skin - They contain only those ingredients that you choose, so you can avoid harmful chemicals - They are better for your skin, since you can customize them to fit your needs exactly - They can be made with your favorite essential oils for custom fragrances - They are lot cheaper than store-bought lotions and body butters With this book, you will learn everything you need to know to get started with homemade lotions today. Here are just a few of the things this book will teach you: - How to make professionally made lotions that you can sell - We discuss safety and precautions involved in selling your products - What equipment you will need to make each kind of lotion - Where to get ingredients and supplies - Whether you need to use preservatives to prolong your lotion's shelf life - How to clean up after making your lotion This book contains our recipes that we have created for our product line from the artisans at Thermal Mermaid. Here are some of the recipes you can prepare today:

An architectural book featuring more than 350 built and unbuilt works by two architects, Walter Burley Griffin and Marion Mahoney. It addresses their works in over 120 photos and line drawings, and the philosophical, spiritual, and aesthetic principles that guided all their work.

Winner of the CHOICE Outstanding Academic Title of the Year Award 2017. Interest in the anthropology of food has grown significantly in recent years. This is the first handbook to provide a detailed overview of all major areas of the field. 20 original essays by leading figures in the discipline examine traditional areas of research as well as cutting-edge areas of inquiry. Divided into three parts – Food, Self and Others; Food Security, Nutrition and Food Safety; Food as Craft, Industry and Ethics – the book covers topics such as identity, commensality, locality, migration, ethical consumption, artisanal foods, and children's food. Each chapter features rich ethnography alongside wider analysis of the subject. Internationally renowned scholars offer insights into their core areas of specialty. Examples include Michael Herzfeld on culinary stereotypes, David Sutton on how to conduct an anthropology of cooking, Johan Pottier on food insecurity, and Melissa Caldwell on practicing food anthropology. The book also features exceptional geographic and cultural diversity, with chapters on South Asia, South Africa, the United States of America, post-socialist societies, Maoist China, and Muslim and Jewish foodways. Invaluable as a reference as well as for teaching, *The Handbook of Food and Anthropology* serves to define this increasingly important field. An essential resource for researchers and students in anthropology and food studies.

Taking from the rich and giving to the poor, Robin Hood and loyal followers fight for the oppressed against the evil Sheriff of Nottingham. Written in graphic-novel format. These reader-favorite titles are now updated for enhanced Common Core State Standards support, including discussion and writing prompts developed by a Common Core expert, an expanded introduction, bolded glossary words and dynamic new covers.

The creator of the natural skin care line Moon Magic, Liz McQuerry offers here a step-by-step guide for natural cold-process soap crafting. Mostly utilizing kitchen ingredients to create a variety of innovative soap blends—including felted soap, beer soap, and seasonal soaps—McQuerry will put you in touch with your inner alchemist. From body bars to hair care bars, with wonderful tidbits and advice on herbs and essential oil blends, you and your family will enjoy a clean like never before. Here are instructions for: Mermaid Kisses Salty Sea Soap Golden Coconut Milk Soap Wine and Rose Soap Felted Soap Stones Refreshing Lemon Solid Shampoo Bars Beard Wash Solid Soap Bars And more! After you learn to make your own soap, you'll also discover how to scent, color, design, troubleshoot, and even sell your soap. McQuerry's soaps make for attractive and personal bathroom and kitchen décor at home, as well as nifty gifts for just about any occasion.

#1 NEW YORK TIMES BESTSELLER A TODAY Show Read with Jenna Book Club Pick "Wise and wildly entertaining . . . permeated with light, wit, youth." —The New York Times Book Review "A classic that we will read for years to come." —Jenna Bush Hager, Read with Jenna book club "A real joyride . . . elegantly constructed and compulsively readable." – NPR The bestselling author of *A Gentleman in Moscow* and *Rules of Civility* and master of absorbing, sophisticated fiction returns with a stylish and propulsive novel set in 1950s America In June, 1954, eighteen-year-old Emmett Watson is driven home to Nebraska by the warden of the juvenile work farm where he has just served fifteen months for involuntary manslaughter. His mother long gone, his father recently deceased, and the family farm foreclosed upon by the bank, Emmett's intention is to pick up his eight-year-old

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salts, sugars, soaps, and more. If you want to get your hands on great recipes, learn about your specific skin care needs, create thoughtful, handmade gifts, or start selling your own line of skin care products, this book is for you. Recipes will allow you to pamper yourself from head to toe, such as: Stimulating Scalp Oil Mermaid Face Wash Green Goddess Facial Mask Evening Eyes Serum Chocolate Lip Buff Deodorant Cream Hand Butter Herbal Dusting Powder Jasmine Body Oil Coffee Sugar Scrub Fizzing Bath Salts Funky Foot Powder and more! With easy to follow, step-by-step instructions, photographs, resources, and gift set ideas, Natural Skin Care at Home is perfect for anyone looking to make their own products.

Katie Mouse's Cousin Matilda is getting married! A big wedding has been planned in Mouse Town's public park, and everyone in town is invited. Best of all, Katie will be Matilda's flower mouse, and her little brother Dylan will be the ring bearer. There's just one problem: The Games Day at Katie's school has been changed to the same day as the wedding! And Katie's the captain of her class's relay race team! Will she really have to miss it? As Katie struggles with her feelings, a mix-up with the wedding rings threatens to ruin the entire wedding. It's then that Katie discovers that only she knows how to save the day and make the wedding perfect after all. For ages 4 to 9.

//////////////////// ABOUT ANNE AND MOUSE TOWN In 2016, Anne L. Watson fell in love with felted mice by Bulgarian artist Diyana Stankova. Anne happened to be working on a housekeeping almanac, so she started photographing the mice, posing them in scenes with miniatures in dollhouses, to illustrate the book. Soon she was writing little stories about the mouse family, while learning to use Photoshop to manipulate their poses and composite their props and settings in a creative blend of toys, other photos, and purchased and free art. As Anne added more mice and other felted animals from Diyana and other artists, Mouse Town began to take shape. As might be expected, these adorable but pushy critters eventually demanded their own books, and Anne obliged with the Katie Mouse series. Besides her children's books, Anne writes literary novels and how-to books for grown-ups, on such subjects as housekeeping, soapmaking, and baking with cookie molds. She lives in Bellingham, Washington, with her husband and fellow author, Aaron Shepard, and a growing family of critters. Visit her at www.annelwatson.com. ////////////////////// "A young mouse's disappointment turns into triumph in this quaint story featuring a cast of miniature felt animals posed in photo-collage scenes . . . Watson keeps the story moving briskly, demonstrating how compromise isn't just necessary at times but can be empowering as well." -- Publishers Weekly, Nov. 27, 2017

//////////////////// SAMPLE Mama Mouse was so excited, she nearly dropped her phone. "It's Cousin Matilda. She's going to marry Alexander!" "It's about time," said Papa Mouse, looking up from his breakfast. "Of course you can stay here!" Mama was saying into the phone. "A June wedding in the park! That's perfect!" When Mama hung up, Katie asked, "Will Dylan and I get to go?" "Of course," Mama said. "In fact, Matilda would like you to be her flower mouse. Would you like that?" "Oh, yes!" Katie's eyes sparkled with excitement. "When is it?" "The day before your school Games Day. And Dylan will be the ring bearer!" "I no bear!" said Dylan.

As an engaging and persuasive survey of American public life from 1816 to 1848, this work remains a landmark achievement. Now updated to address twenty-five years of new scholarship, the book interprets the exciting political landscape that was the age of Jackson, a time that saw the rise of strong political parties and an increased popular involvement in national politics. In this work, the author examines the tension between liberty and power that both characterized the period and formed part of its historical legacy.

SPECIAL NOTE! -- ANNE WILL PERSONALLY ANSWER ANY QUESTION OF YOURS AFTER READING THIS BOOK. ASK ON HER WEB SITE, AND YOU'LL NORMALLY HEAR BACK WITHIN HOURS! Maybe you've made melt-and-pour soap and want to move on to something more challenging and rewarding. Maybe traditional soapmaking appeals to you, but you figure that working with lye is too difficult or dangerous. Or maybe you're already doing it, but outmoded ideas and methods are complicating the process and slowing you down. No matter which of these fits you, you'll find "Smart Soapmaking" practical, helpful, and refreshing. Written by a former professional soapmaker, this book explodes the myths about soapmaking and shows you how to make luxurious soap from scratch with the least fuss and bother. With both customary and metric measurements, plus a list of suppliers in five countries, "Smart Soapmaking" is the first truly international book on the craft! ////////////////////// Anne L. Watson is the first author to have introduced modern techniques of home soapmaking and lotionmaking to book readers. She has made soap under the company name Soap Tree, and before her retirement from professional life, she was a historic preservation architecture consultant. Anne and her husband, Aaron Shepard, live in Friday Harbor, Washington.

//////////////////// *****RECOMMENDED BY THE HANDCRAFTED SOAP & COSMETIC GUILD***** "Should become THE book for soapmaking. . . . It's about time someone wrote a book like this. Most are idealistic and inaccurate. This book has a wonderful common sense approach that is SO long overdue. . . . I can recommend it with 100% confidence." -- Susan Kennedy, Oregon Trail Soaps, Rogue River, Oregon "Smart it is A simple, no-nonsense book that cuts through the curmudgery of stifling soap bibles like no other." -- Shellie Humphries, Harstine Island, Washington "Way overdue. . . . A gift of common sense caution, proven methods, tried-and-true shortcuts, and some excellent recipes as well, for both the professional/experienced soapmaker and the eager beginner." -- Deb Petersen, Shepherd's Soap Co., Shelton, Washington "A great book for beginners, with clear and easy instructions." -- Anne-Marie Faiola, Bramble Berry Inc., Bellingham, Washington "I learned more from Smart Soapmaking than from any other soaping book, and I have read quite a few. . . . It's written with the average person in mind, not a chemistry major. Directions are very simple and easy to understand. It really takes the mystery out of making soap." -- Jackie Pack, Stuart, Virginia "Groundbreaking Anne L. Watson [is the] universally respected and loved author/crafter/curator of this lost art for thousands of aspiring soapers Unquestionably the best book with which to begin. To be precise, it's probably the most accessible, most reader-friendly, and most immediately useful container of information a first-time soapmaker could hope to find." -- Wishing Willow (blog)

From the author of the extraordinary Vampire Chronicles comes a huge, hypnotic novel of witchcraft and the occult through four centuries. Demonstrating, once again, her gift for spellbinding storytelling and the creation of legend, Anne Rice makes real for us a great dynasty of witches--a family given to poetry and to incest, to murder and to philosophy; a family that, over the ages, is itself haunted by a powerful, dangerous, and seductive being. On the veranda of a great New Orleans house, now faded, a mute and fragile woman sits rocking . . . and The Witching Hour begins. It begins in our time with a rescue at sea. Rowan Mayfair, a beautiful woman, a brilliant practitioner of neurosurgery--aware that she has special powers but unaware that she comes from an ancient line of witches--finds the drowned body of a man off the coast of California and brings him to life. He is Michael Curry, who was born in New Orleans and orphaned in childhood by fire on Christmas Eve, who pulled himself up from poverty, and who now, in his brief interval of death, has acquired a sensory power that mystifies and frightens him. As these two, fiercely drawn to each other, fall in love and--in passionate alliance--set out to solve the mystery of her past and his unwelcome gift, the novel moves backward and forward in time from today's New Orleans and San Francisco to long-ago Amsterdam and a chateau in the France of Louis XIV. An intricate tale of evil unfolds--an evil unleashed in seventeenth-century Scotland, where the first "witch," Suzanne of the Mayfair, conjures up the spirit she names Lasher . . . a creation that spells her own destruction and torments each of her descendants in turn. From the coffee plantations of Port au Prince, where the great Mayfair fortune is made and the legacy of their dark power is almost destroyed, to Civil War New Orleans, as Julien--the clan's only male to be endowed with occult powers--provides for the dynasty its foothold in America, the dark, luminous story encompasses dramas of seduction and death, episodes of tenderness and healing. And always--through peril and escape, tension and release--there swirl around us the echoes of eternal war: innocence versus the corruption of the spirit, sanity against madness, life against death. With a dreamlike power, the novel draws us, through circuitous, twilight paths, to the present and Rowan's increasingly inspired and risky moves in the merciless game that binds her to her heritage. And in New Orleans, on Christmas Eve, this strangest of family sagas is brought to its startling climax.

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A natural treasure for every body. Whether it's about saving money, living greener, or treating sensitive skin, The Complete Idiot's Guide® to Making Natural Beauty Products has everything the hobbyist will need to create organic, natural beauty products. ?Includes everything from face creams to mineral makeup to shampoo and more ?Each formula is clearly presented in recipe style, with notes on prep time, storage, and uses ?All products are made from natural ingredients which will appeal to people going green as well as to people with sensitive skin In this comprehensive guide, Susan Miller Cavitch covers everything you need to know to make your own soaps. Learn the basic techniques for crafting oil-, cream-, and vegetable-based soaps, and then start experimenting with your own personalized scents and effects. Cavitch provides tips for making more than 40 different specialty soaps, showing you how to design colorful marbled bars and expertly blend ingredients to create custom fragrances. You'll soon be making luxurious soaps at a fraction of the cost of boutique products. Important Notice Early printings of this book contain a recipe variation in a sidebar note on page 36. As a result of further testing, author Susan Miller Cavitch and Storey Publishing strongly recommend that you do not try this variation. Adding honey when you are combining the sodium hydroxide and water may result in a stronger reaction with more intense heat. The mixture may bubble up quickly and come out of the pot, posing a potential hazard.

Learn which vegetable oils, herbs, floral waters, essential oils, plant-based emulsifiers, and natural preservatives to use, how to pack and label your own beauty products, and how to store them safely.

Using vegetable oils, herbs, essential oils, and common kitchen equipment, this book will give you and guide you through 25 all-natural recipes for luxurious, gentle, beautiful, and magickal soaps. It includes a recipe for each of the eight Pagan Sabbats, Moon Phases, Handfasting, Quest, Croning, and other major life events. Drawing on her long experience with soap, herbs, oils, and Earth-based spirituality, Alicia Grosso will also teach you how to infuse your handmade soaps with wishes, prayers, dreams, and magick. Non-magickal people will find good, basic instruction for natural small-batch soapmaking, along with herb lore and ways to fill soap with prayers, wishes, and dreams. Although written for the beginning soapmaker, even the most seasoned soaper will find inspiration in the rituals and procedures of making magickal soap.

33,000 pages 44 million words 10 billion years of history 1 obsessed man Part memoir and part education (or lack thereof), The Know-It-All chronicles NPR contributor A.J. Jacobs's hilarious, enlightening, and seemingly impossible quest to read the Encyclopaedia Britannica from A to Z. To fill the ever-widening gaps in his Ivy League education, A.J. Jacobs sets for himself the daunting task of reading all thirty-two volumes of the Encyclopaedia Britannica. His wife, Julie, tells him it's a waste of time, his friends believe he is losing his mind, and his father, a brilliant attorney who had once attempted the same feat and quit somewhere around Borneo, is encouraging but, shall we say, unconvinced. With self-deprecating wit and a disarming frankness, The Know-It-All recounts the unexpected and comically disruptive effects Operation Encyclopedia has on every part of Jacobs's life -- from his newly minted marriage to his complicated relationship with his father and the rest of his charmingly eccentric New York family to his day job as an editor at Esquire. Jacobs's project tests the outer limits of his stamina and forces him to explore the real meaning of intelligence as he endeavors to join Mensa, win a spot on Jeopardy!, and absorb 33,000 pages of learning. On his journey he stumbles upon some of the strangest, funniest, and most profound facts about every topic under the sun, all while battling fatigue, ridicule, and the paralyzing fear that attends his first real-life responsibility -- the impending birth of his first child. The Know-It-All is an ingenious, mightily entertaining memoir of one man's intellect, neuroses, and obsessions and a soul-searching, ultimately touching struggle between the all-consuming quest for factual knowledge and the undeniable gift of hard-won wisdom.

The pure luxury of soaps made with coconut butter, almond oil, aloe vera, oatmeal, and green tea is one of life's little pleasures. And with the help of author Anne-Marie Faiola, it's easy to make luscious, all-natural soaps right in your own kitchen. This collection of 32 recipes ranges from simple castile bars to intricate swirls, embeds, and marbled and layered looks. Begin with a combination of skin-nourishing oils and then add blueberry puree, dandelion-infused water, almond milk, coffee grounds, mango and avocado butters, black tea, or other delicious ingredients — and then scent your soap with pure essential oils. Step-by-step photography guides you through every stage of cold-process soapmaking.

Lilly Corbett Still has grown to love her life as the small-town doctor of Skip Rock, a tiny coal community in the Kentucky mountains. Though her husband, Tern, is away for a few months at a mining job, Lilly has her hands full with her patients and her younger sister visiting for the summer. Lilly turns to her good friend and neighbor, Armina, to help keep things in order—until a mysterious chain of events leaves Armina bedridden and an abandoned baby on her doorstep. Lilly works to uncover the truth, unaware of what a mess she's found herself in until a break-in at her clinic puts her on high alert. As she struggles between what is right and what is safe, Lilly must discover the strength of her resilient country neighbors, her God, and herself.

Children in nature. An illustrated journey through the woods...and the imagination. A book for generations to share.

The #1 New York Times Bestseller, USA Today Book of the Year, now a major motion picture starring Emily Blunt. The debut psychological thriller that will forever change the way you look at other people's lives, from the author of Into the Water and A Slow Fire Burning. "Nothing is more addicting than The Girl on the Train."—Vanity Fair "The Girl on the Train has more fun with unreliable narration than any chiller since Gone Girl. . . . [It] is liable to draw a large, bedazzled readership."—The New York Times "Marries movie noir with novelistic trickery. . . hang on tight. You'll be surprised by what horrors lurk around the bend."—USA Today "Like its train, the story blasts through the stagnation of these lives in suburban London and the reader cannot help but turn pages."—The Boston Globe "Gone Girl fans will devour this psychological thriller."—People EVERY DAY THE SAME Rachel takes the same commuter train every morning and night. Every day she rattles down the track, flashes past a stretch of cozy suburban homes, and stops at the signal that allows her to daily watch the same couple breakfasting on their deck. She's even started to feel like she knows them. Jess and Jason, she calls them. Their life--as she sees it--is perfect. Not unlike the life she recently lost. UNTIL TODAY And then she sees something shocking. It's only a minute until the train moves on, but it's enough. Now everything's changed. Unable to keep it to herself, Rachel goes to the police. But is she really as unreliable as they say? Soon she is deeply entangled not only in the investigation but in the lives of everyone involved. Has she done more harm than good?

Gentlemen might be in short supply today, but this little book of wisdom could be a cure. If you're a young man who cares about the quality of his mark on the world -- or if you know such a young man -- the aphorisms of "The Gentleman's Handbook" may prove a helpful guide.

//////////////////// Aaron Shepard is an author, photographer, publisher, and aspiring gentleman. He lives with his wife and fellow author, Anne L. Watson, in Bellingham, Washington. ////////////////////// CONTENTS A Gentleman in Love A Gentleman in Speech A Gentleman in Society A Gentleman in Life ////////////////////// SAMPLES A gentleman always finds a compliment for a lady he loves. A gentleman never compares one lady to another. A gentleman understands that every lady is a flower, and that love will make her bloom. ----- A gentleman listens carefully to others and takes pains to remember what he hears. A gentleman never smirks. A gentleman knows that words should be weighed, not counted. ----- A gentleman understands that the value of any person goes far beyond their usefulness to him. A gentleman does not leave messes for others to clean up. A gentleman knows he cannot help others if he does not stand on firm ground himself. ----- A gentleman knows that what he does is less important than how he does it. A gentleman does not avoid what should be resolved. A gentleman knows that his worth is measured not by what he collects but by what he contributes.

Shortlisted for the Financial Times and McKinsey Best Book of the Year Award in 2011 "A masterpiece." —Steven D. Levitt, coauthor of Freakonomics "Bursting with insights." —The New York Times Book Review A pioneering urban

